

We Claim:

1. A bag carrying handle, for carrying a flexible bag having a spout, the spout having a cylindrical surface with an upper rim and a lower rim, the handle comprising:
 - a) an arcuate member having first and second ends, the ends forming a slot;
 - b) a grip section comprising:
 - i) a base member having first and second ends;
 - ii) a first side having a first end operatively connected to the first end of the grip section and a second end operatively connected to the arcuate member;
 - iii) a second side having a first end operatively connected to the second end of the grip section and a second end operatively connected to the arcuate member; and
 - c) the ends of the arcuate member having a first position and a second position, wherein when in the first position, the ends of the arcuate member are closer together than when in the second position, whereby a spout is insertable in the grip section and when moved to the arcuate member, the arcuate member moves to its second position to allow movement into the arcuate member, wherein the arcuate member is then in its first position, to secure the handle to the spout.
 2. The handle of claim 1, further comprising the arcuate member has a width that is adapted and configured to fit between the upper and lower rims of the spout.

 3. The handle of claim 2, further comprising:
 - a) a first enlarged throat member operatively connected to the first end of the arcuate member; and
 - b) a second enlarged throat member operatively connected to the second end of the arcuate member, whereby the arcuate member more securely holds the spout.

 4. The handle of claim 3, wherein the arcuate member is a circular sector.

5. The handle of claim 4, further comprising the base member having a first portion and a second portion and a locking mechanism for securing the portions when the portions are moved from an open condition to a closed condition.
6. The handle of claim 4, wherein the handle is one piece.
7. The handle of claim 5, wherein the handle is one piece.
8. A bag carrying handle for carrying a flexible bag having a spout, the spout having a cylindrical surface with an upper rim and a lower rim, the handle comprising:
 - a) a spout supporting member, the spout supporting member moveable between a first, open position and a second, closed position wherein the spout supporting member is adapted and configured to encircle a spout;
 - b) a grip section operatively connected to the spout supporting section, the grip section defining an opening for receiving a user's fingers; and
 - c) a lock mechanism for securing the spout supporting member in the closed position after a spout is placed therein.
9. The handle of claim 8, the grip section further comprising:
 - a) a base member having first and second ends;
 - b) a first side having a first end operatively connected to the first end of the grip section and a second end operatively connected to the spout supporting member; and
 - c) a second side having a first end operatively connected to the second end of the grip section and a second end operatively connected to the spout supporting member.
10. The handle of claim 9, further comprising:
 - a) the lock mechanism has a first part proximate the first side and a second part proximate the second side; and

- b) one of the parts moveable to the other of the parts, whereby the parts lock the spout supporting member in the closed position.

11. The handle of claim 10, wherein one of the parts is an opening formed the locking mechanism and the other of the parts is an elongate member insertable in the opening, the elongate member adapted and configured to compress to a smaller size to fit through the opening and then expand to a larger size when through the opening, to thereby secure the spout supporting member in the closed position.

12. The handle of claim 10, wherein one of the parts has a first elongate opening formed therein and a first set of locking teeth on a bottom surface and the other of the parts has a second elongate opening formed therein and a second set of locking teeth on a bottom surface, the parts interconnecting by the first and second sets of teeth in the closed position.

13. The handle of claim 9, further comprising:

- a) the spout supporting member having an unattached end; and
- b) the lock mechanism having a first part operatively connected to the free end and a second part operatively connected to the spout supporting member.

14. The handle of claim 13, further comprising:

- a) the second part defining a cavity; and
- b) the first part sized and configured to be insertable in and locked in the cavity.

15. The handle of claim 11, further comprising the spout supporting member has a width that is adapted and configured to fit between the upper and lower rims of the spout.

16. The handle of claim 12, further comprising the spout supporting member has a width that is adapted and configured to fit between the upper and lower rims of the spout.

17. The handle of claim 13, further comprising the spout supporting member has a width that is adapted and configured to fit between the upper and lower rims of the spout.

18. A bag carrying handle for carrying a flexible bag having a spout, the spout having a cylindrical surface with an upper rim and a lower rim, the handle comprising:

- a) a grip section having a base member, the grip member defining an opening for a user's hand;
- b) a neck member defining an opening for receiving a cylindrical surface of a spout;
- c) the neck member having a first position for allowing clearance for the spout to enter; and
- d) the neck member position having a second position for securing the neck member around the spout, whereby a bag may be moved by the bag carrying handle.

19. The handle of claim 18, further comprising the neck member having a width that is adapted and configured to fit between the upper and lower rims of the spout.

20. The handle of claim 19, further comprising the neck member completely encircling the spout.

21. A method of moving a flexible bag having a spout with an upper rim and a lower rim, comprising:

- a) placing a handle around spout to substantially encircle a cylindrical surface between rims;
- b) securing the spout to the handle; and
- c) lifting the handle and spout, whereby the bag is more easily moved.